



DIRECTIONS

To DeBenneville Pines Camp:

- § In Redlands, exit Interstate 10 at either Alabama or University. Go north to Lugonia (CA Highway 38).
- § Turn right (east) onto Lugonia and follow Highway 38 into the mountains. (Mentone to Angelus Oaks: about 15 miles.)
- § When you come to the Forest Fall Fork in the road, do not go there! Keep to the left. Pass through the hamlet of Angelus Oaks and continue another 6 miles. (Look for mile-marker 25.)
- § Turn right on Jenks Lake Road (look for ACA sign). If you see signs for Seven Oaks, you have gone too far.
- § Continue on Jenks Lake Road about 1 mile to the camp entrance.
- § Turn right into the camp entrance (look for another ACA sign). Follow the unpaved road into the camp parking lot and PARK FACING OUT (Forest Service Rules).

Congratulations! You've made it to camp.

If you get lost on the way, please call the camp for directions at (909) 794-2928.

Camp deBenneville Pines, Angeles Oaks
 (San Bernardino Mountains)
 41750 W. Jenks Lake Rd
 Angelus Oaks, CA 92305-9789
www.uucamp.org

To register, see link for Mail-In Registration Form.

Orange County ACA
 With CoDA & Other 12-Step Programs Invited

Presents



Coming Into Balance

21st Annual, 12-Step

**FALL
 MOUNTAIN
 RETREAT**

Sept. 18-20, 2009

Camp DeBenneville Pines
 San Bernardino Mountains

Orange County ACA presents
 With CoDA & Other 12-Step Programs Invited

21st Annual, 12-Step FALL MOUNTAIN RETREAT

September 18-20, 2009

Camp deBonneville Pines, Angeles Oaks
 (San Bernardino Mountains)

Featuring ACA & Other 12-Step Program Speakers and Workshops

Activities

- ρ 12-Step Meetings, at various times and locations
- ρ Arts & Crafts: Nametag decorating, Warm-Fuzzies, etc.
- ρ Saturday evening "Talent/No-Talent" Show, then a Dance afterwards (with a real DJ!)
- ρ Pool & Jacuzzi
- ρ Hiking, with Hiker Jim

What Else? Finding yourself; making new friends; doin' that recovery thing; or... kicking back, just relaxing, and doing absolutely nothing! Your choice.

How about a massage? We'll have one or two masseuses on board (for an additional fee, of course.) It's well worth it! Come on...you deserve it!
 Reserve your time-slot early. To pre-book, call Priscilla by September 6 (see below).

Important Contacts

Denise E. ----- (714) 323-0124 or suneyes3@gmail.com
 Madeline M. ----- fmrchair@gmail.com
 Priscilla - Healing Touch ----- (562) 673-1058; itspris@verizon.net
 (Massage Therapist) website: www.personaljournays.org

What do I Bring?

You must bring: sleeping bag or sheets & blanket; pillow; towels; flashlight; toiletries; swimsuit if you plan to swim... and Yourself!

You should bring: earplugs if you're a light sleeper; alarm clock; sun-block; hiking shoes/clothes/equipment; notebook, journal, paper, pen; change for sodas and bottled water. If you plan to enjoy a massage while at camp, bring a large beach towel to the appointment.

Nice to bring: camera; telescope/binoculars for star-gazing; stuffed animal; drums & other musical instruments.

Registration - **DO NOT MAIL** registration fee after September 12, 2009. Instead, please contact Denise or Veronica to reserve your space, then bring your check with you to camp.

Registration fee is non-refundable after August 18.

Dates and Fees	Early Registration	Discounted fee! ** \$130 **	Must be Postmarked by August 15, 2009
	Early Registration and Mail-In Deadline	Discounted fee! * \$135 *	Must be Postmarked by Sept. 12, 2009
	At Camp	\$145	DO NOT MAIL

Please make all checks payable to ACA – OC. Mail with registration form to:

ACA Orange County Intergroup
 Attn: FALL MOUNTAIN RETREAT
 P.O. Box 10683
 Santa Ana, CA 92711-0683

Cabin Availability - Cabins are assigned on a first-come-first-serve basis. Couples rooms are very limited. To indicate your rooming preferences, see Registration Form.

Luxurious Craig's Cabin - Reservations for Craig's Cabin are an additional \$110 per room over the regular registration fee. You may split the fee with a roommate, but a separate check for \$110 must be included with only ONE person's payment and registration. The \$110 fee will be refunded if no more rooms are available when your registration is received. (Go to www.debenneville.org/facility.html for a description of Craig's Cabin.)

General Information

§ Check In/Register at the Homet Lodge on Friday from 4:00-10:00pm. After 10:00pm pick up your room assignment and name tag at the registration table.

§ Free coffee and tea are available 24 hours a day in the Homet Lodge. Cold drinks and bottled water are also available for a small fee.

Rules, Rules, Rules

§ NO FOOD is permitted in the cabins *. Do not leave any food or food wrappers in your vehicle.

§ NO PETS allowed at camp.

§ Swimsuits are a MUST in the pool or Jacuzzi !

§ Smoking is permitted only in designated areas with ashtrays.

§ This is an alcohol-free event.

*except Cabin 6 & Craig's, in frig. or air-tight containers.

(Anyone violating any of these rules will be asked to leave.)